

*Preparation for working on*

# First Love Stage

*for intimate couples*

*with stage discrepancies*

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- (1) Do not polarize the couple dynamics by repeatedly telling them what they are lacking.
- (2) The approach must be inspirational and not judgmental. Adopt a patient vision of the possibilities.
- (3) Remember, there are very few people ready to achieve this level of connection.
- (4) Let your partner see you in a communal state with another person. With a member of the opposite sex (be careful).

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